

# YOGIC SCIENCE TO BREAK HABITS & ADDICTIVE BEHAVIORS

## MARCH 17 - 24, 2018, ESPAÑOLA, NEW MEXICO



Presented by SuperHealth  
as authentically taught  
by Yogi Bhajan



### REGISTER TODAY!

Please use **promo code** for discount:  
(original price: \$1,795)

**\$1,640** with Promo code: **SPT11**  
Certified yoga teachers, Int'l  
travelers, seniors (62+)

**\$1695** with Promo code:  
**SPT12** All others

**\$350** deposit to save your spot

### BECOME A SUPERHEALTH CERTIFIED YOGA THERAPIST

Join us as we explore the proven  
ancient Yogic technologies on the  
path from Recovery to Self-Discovery.

#### These Treasured tools assist in:

- Drugs, Prescription Meds & Opioids
- Food Issues, Eating Disorders, Alcohol
- Smoking, Gambling & Technology
- Co-dependency & Relationship Issues
- Depression, Stress, PTSD or Insomnia

#### What's Included?

- Kundalini Yoga & Meditation
- 8 Week Starter Kit + Certificate
- All delicious & nutritious meals + 2 days detox & rehab diets, therapeutic juices, herbs & vitamins.
- 2 Manuals – organized for each disorder with specific technology.
- Humanology: Self-Defeating Attitudes, Parental Phobias, Generational Wounding + more.



#### Approved for Continuing Education Units:

- \* Nursing: 63.25 CNE Contact Hours (AHNA) #1249
- \* NAADAC Addiction counselors and healthcare professionals as required by the NCC AP #103382 (48 CEUs).
- \* Course meets the qualifications 48 hours of continuing education credit (LMFTs, LCSWs, LPCCs, and/or LEPs) as required by the California Board of Behavioral Sciences. CAMFT Provider# 131565.
- \* Physical Therapists through New Mexico Board of Physical Therapy. (48 CEUs)
- \* Yoga Alliance and IKYTA (48 CEUs)

Terms & Conditions for CEUs: <http://www.super-health.net/superhealth-trainings-events/superhealth-trainings/>

#### LEAD TRAINER:

MUKTA KAUR KHALSA, PH.D.

- Counseling & Psychology
- Personally trained with Yogi Bhajan - 30 years
- Directed first yogic based hospital for substance abusers and mental health by JCAHO.



JOCELYN JOHNSON, APRN, BS  
(AKA SUCHAS KAUR)

- Advanced Practice Registered Nurse, Board Certified
- MS Psychiatric/ Mental Health Mechanical Engineer, BS - NASA

# SuperHealth<sup>®</sup>

"Thank you for the happiest week  
of my life!" - Natalia

WWW.SUPER-HEALTH.NET